

Applicant: Kelly S. Stack  
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**Amendments to the Specification:**

Please replace paragraph [0021] with the following replacement paragraph.

[0021] Figure 4 is a cross-sectional side view of the wrist teether 12, showing capsules 20 within the shell of the wrist teether. The wrist-facing side 15 of the fabric shell has three layers of fabric, whereas the outer side 16 has only one layer. The wrist teether 12 has generally circular cross-sections 21 on either side of the center of its doughnut shape. The capsules 20 are filled with a substance 22 that can be cooled or frozen. For example, the capsules 20 can be plastic freezer cubes that are filled with a gel. Or the capsules 20 can be filled with water or a water solution. The capsules are smaller than the size of an infant's mouth in order to allow the infant 13 to suck on individual capsules through the fabric. The fabric should be ~~[[non-absorbant]]~~non-absorbent so that it does not become wet with the infant's saliva or with condensation from the cold capsules 20. Wrist teether 12 is machine washable. Thus, the fabric can be a microfiber fabric that is machine washable, and the capsules 20 are made of a material that is not damaged by a washing machine.